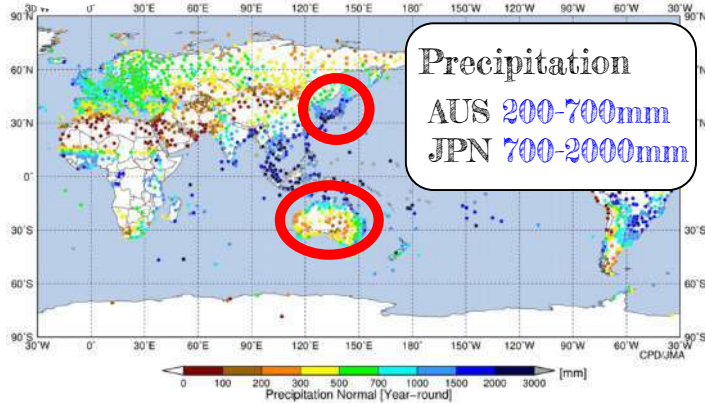


We compared!

The Usage of Water in Australia and Japan

Inose Hiyori Kato Riku Kaneko Shion

1. Current situation



(from Japan Meteorological Agency survey: 1991-2020)

Actually, due to the difference of population, AUS has more water resources per capita than JPN.

in AUS

- Geographical feature
- Agriculture
- Cyclone

Water shortage

* Our idea

Circumstances of water in AUS is quite different from Japanese one.

We should cherish our water resources in Japan too.



find a hint of water saving in AUS

2. On-The-Job-Training

- they put a tank in the garden to save water
- they use laundry only once or twice a week
- During serious droughts, typhoons & floods...

→ they take a shower for only 2 minutes [normally they take 5 minutes]
they flush the toilet only once a day

- Turn off the water while brushing your teeth



Many Various Actions are being taken to conserve water

But Australian people are very conscious about saving water, They didn't think much about it.

In addition...

water tank is provided by the government
there are WELS labels

3. Consideration

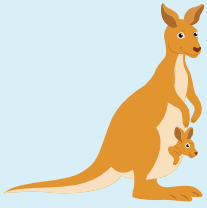


○ Japan has plenty of water and values cleanliness, while in Australia, limited water makes frequent washing less common.

○ In Australia, saving water is a daily habit, but in Japan, abundant water makes people less conscious of it.

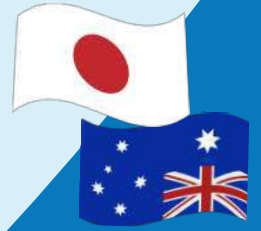
○ Differences in water resource availability influence culture, leading to greater diversity.

○ Japan has plenty of water, but small daily actions can save a lot.



AN UPSIDE-DOWN WORLD

Authors: Waka Shinozaki, Honoka Arai, Miyu Arai, Miono Yoshikawa



Introduction

Compared to other cultures, Japanese people tend to be too reserved. By learning a new, positive mindset in places like Australia—where the culture is quite the opposite—we aim to expand our reach globally.



Methodology

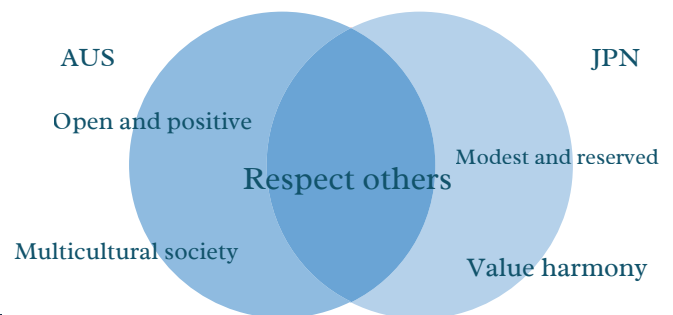
During our stay in Australia, we shared the differences we experienced firsthand as a team to deepen our understanding.



Results

- people in Australia say "Thank you" very often in daily life, such as to teachers after class.
- We also noticed that people are very friendly and actively communicate with others, even with people they meet for the first time.
- Australia has a greater understanding of diversity than Japan, and many people from different countries live together.

Cultural Differences and Similarities



Conclusion

This experience taught me the importance of understanding and respecting different cultures. We learned that being open-minded and positive is important when communicating with people from diverse backgrounds. Australia and Japan have many differences, but both cultures have their own strengths. By learning from these differences, We was able to grow and broaden my perspective. countries.



References

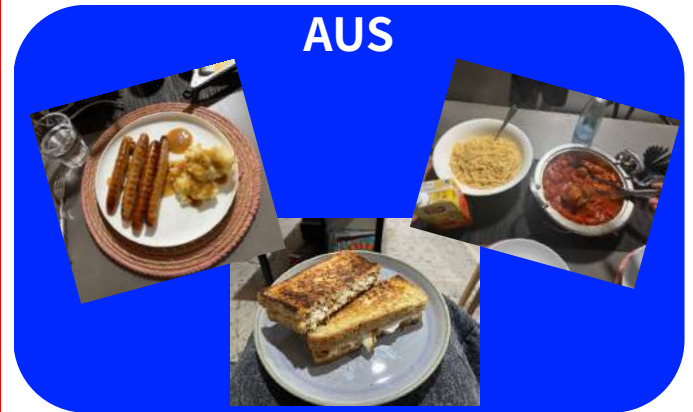
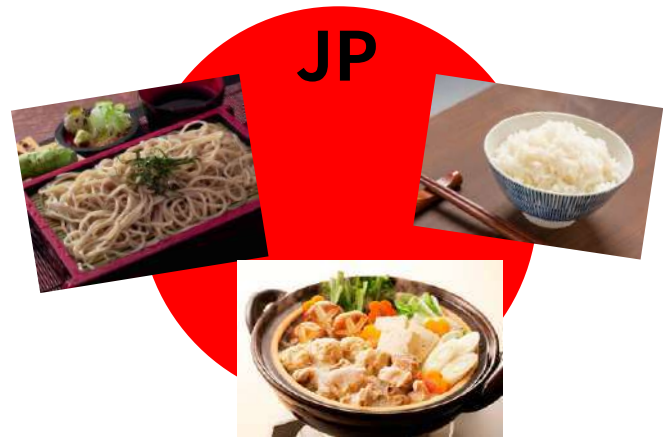
<https://socialvalue.jp/mmbackno/rocky-192>

Diabetes in Australia vs. Japan difference of eating habits and diabetes

Ichimura Ryota, Matsunuma Ryusei
Irie Kentaro, Inaba Kazu

Assignment settings

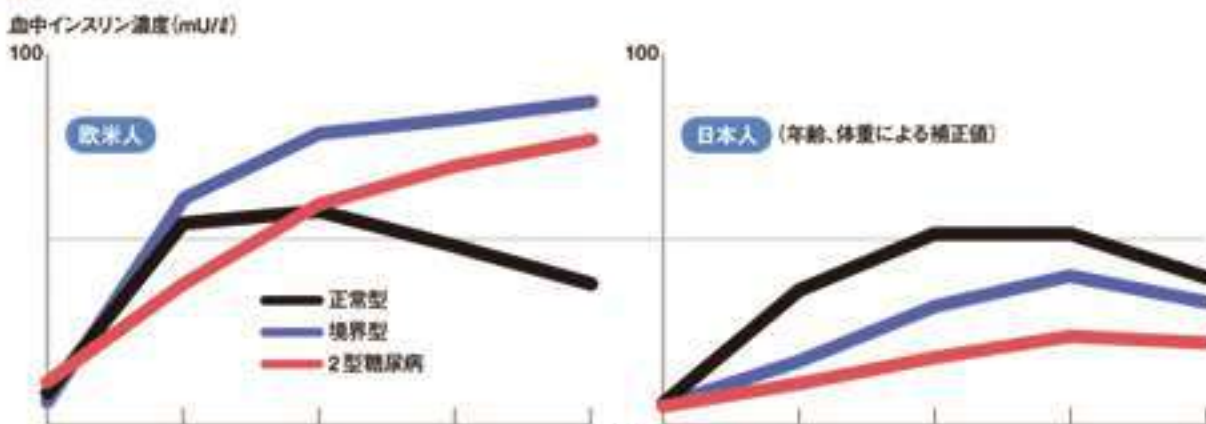
We became interested in the differences between Australian and Japanese cuisine and their implications.



	Australia	Japan
Main Risk Factors	High obesity sedentary lifestyle	high age, rice intake, East Asian genetic factors
Body Composition	Higher BMI at diagnosis	Often "lean diabetes" diabetes develops at lower BMI
Lifestyle & Diet	Car-dependent, higher calorie intake	More daily walking, traditional diet
Healthcare	Focus on obesity prevention	Strong universal screening from age 40

←Based on IDF Diabetes Atlas 2025
(2024 estimates)

インスリン分泌の欧米人と日本人の違い



Australian food was very easy to eat for me, as I tend to eat a lot of main dishes. The portions were large and I liked the seasoning.

Ryota

I was worried about amount to eat in Australia, but it was not so much, so I was relieved.

Kentaro

Kazu

I was happy that I wasn't too picky and was able to enjoy the local cuisine.

Ryusei

Australian food had some strong and unusual flavors, so there were a few dishes I didn't like, but many of them were delicious. It was my first time learning about the differences in food culture.