

A Bright and Happy Language Program

I-I-5 HIYORI INOSE

I will write three memorable things.



1. Australian animals

I went to the Lone Pine Koala Sanctuary. There, I saw koalas, kangaroos, and crocodiles. The koalas were small, calm, and very cute. I was surprised to learn that they sleep for about 20 hours a day. I also fed kangaroos, and I was amazed at how eagerly they ate. There were also many other animals, such as birds, lizards, and bats. I was happy because I was able to interact with and learn about Australian animals there.



2. At the local school

At the local school, each student is assigned a buddy. My buddy was a girl one year younger than me. I attended various classes with her, including math, English, religion, and home economics. One class that left a strong impression on me was the cooking class. My buddy and I made chocolate caramel sheets. They were sweeter than Japanese sweets, but very delicious.

Another thing that surprised me about the classes was how relaxed the students were compared to Japan. They had free seating, and if they didn't understand something, they would immediately ask the teacher. I was impressed by their proactive attitude.

3. Home stay

During my homestay, I was able to become very close with my host family. I often played games with my host brother, which helped us build a strong bond. My host father was very kind and helped with many things, including housework and transportation. I also had detailed conversations with my host mother about Australian culture and customs.



What I noticed during the homestay was that, compared to Japan, men in Australia seemed to be more involved in housework and childcare. People also felt brighter and more casual than Japanese people. Because of this, it was very easy to talk with them, and I was able to have many conversations.

パズルのようにハマっていった心

1年1組9番 加藤理久

In the spring of my first year in high school, I participated in an 11-day English language study program and homestay in Brisbane, Australia.

When I went to Singapore for a language study program in my third year of junior high school, I couldn't talk too much about my own opinions or communicate well in English to others. That's why I joined this program in Australia. I wanted to improve my English communication skills and learn to speak positively with anyone.

I felt very nervous and anxious on the airplane, but when I started talking to people, everyone was kind and warm, so I felt much more relaxed.

The school schedule in Australia was very difficult compared to Japan. School starts early and finishes early. The classes were not just following the textbook. I often expressed our own ideas and worked together in teams. At first, I hardly spoke at all. However, as I kept speaking in English, I was able to talk with students of different ages and genders. I think I became more active and positive gradually.

In the body class, we had media lessons that we don't usually have in Japan, and they were very interesting. In history class, we learned about World War II from an Australian point of view. It helped me spread my view of the world. The history teacher was very kind. When I answered, he said "Thank you" with a big smile. That made me very happy and relieved. I also really enjoyed solving problems together in chemistry and English class. During morning tea and lunch time, I actively talked to Australian students. We talked about many things such as interesting topics and the differences between Japan and Australia schools. Everyone was very kind, and I had a lot of fun.

ホームステイ先では面白いマザーと優しくて自然が好きなファザーと優しくて面白いシスターと何にでも笑ってくれる二年生の先輩と過ごしました。最初に学校でマザーにあったときにとても優しい笑顔で緊張していた心が暖かくなってき、車でお家につくとファザーが「welcome!!!!」と暖かく迎えてくれて安心したのを覚えています。お家は自然に囲まれていて、ついてすぐに2階のベランダで4人でマザーが作ってくれたケーキを食べました。風がとても気持ちよくて、景色が本当に良かったです。夕方になってシスターが帰ってくると、三人でパズルをしました。この時間でとても距離が縮まったと思います。ファザーは休日に海やショッピングモールや庭園に連れて行ってくれました。海に行った日にはファザーの親戚の16歳の男の子のみっちーと一緒にいきました。みっちーの英語はとても速くてききとるのが難しかったけど本当に楽しかったです。また客船に乗せてくれてオーストラリアの景色を堪能しました。マザーの作ってくれるご飯はとても美味しくて毎日ランチとディナーがとても楽しみでした。夜ご飯のあとはマザーの作ってくれたケーキとアイスを食べながら家族でテレビを見たり、パズルをしたり、レゴをしたり、日本について話したり、カラオケ大会をしたり、たくさんのことをしました。本当に毎日楽しかったです。10日間頑張ったけどパズルは完成させることができなかったので、また行って今度こそシスターと先輩と一緒に完成させたいです。また、家にオルガンがあり、夜ご飯のあと「WAKA's concert」を家族で開催しました。先輩はとてもピアノが上手ですごかったです。コンサートのあとに先輩と二人で日本からのお土産を渡しました。とても喜んでくれて温かさや笑いに包まれた瞬間でした。

家族は私のことをいつも「you are the only girl!!」と褒めてくれました。とても嬉しかったです。だからこれからも自分のアイデンティティを忘れず行きたいなと感じました。

Through this 10-day experience, I strongly realized that "English is a tool, and one of the ways to communicate". It's more important to express how I feel than to use perfect grammar or vocabulary. I also learned that meeting people from different cultures and values helps me widen my own world. I discovered the joy of connecting with people's hearts even if we come from different countries.

While I was in Australia, I couldn't have known about Australian culture or the warmth of this family. Now that I'm back, I want to keep studying English more. These 11 days have become a treasure in my life that I will never forget.



BIG PRESENT from IGP

The IGP program gave me a lot of experience. During the program, I gained confidence and regret. Now, all things became lessons.

Before going to Australia, I made a promise to myself that when I can't decide to do something or not, I will do it even if it's a big challenge.

The first day in school, my buddy showed me a Disney movie so as not to make me bored in the class. I knew that she always cared for me and tried to let me have fun, but I thought I would like to know what school in Australia is like, and I had difficulty saying my true feelings to her. However, saying nothing means no matter and it's enough. So, I decided to tell that and I said, "Thank you for trying not to make me bored, but I'd like to know what you are learning in Australia, so could I watch you working, just watch?" Then she

showed me the video about how to make a good presentation in the moral class and I watched her filling out a worksheet. I realized if I say something I want to do, people will try to do so. I had thought that telling my honest request is so hard work, but from the experience, I realized it's easier than I thought. Also, at home, I watched a rugby match with my host father and the time to go to bed came. Then, I was hesitant to say "Rugby is exciting!" to him in order to let him know that I had fun, and after a while, I said so. Then, he smiled and told me "my team will play tomorrow." I was happy to have a conversation with him even if it was short. Like these experiences, I was hesitant many times, but I always said! So, I could keep the promise with myself, and those experiences became my confidence.

Also, about myself, I found I can't use proper English when I talk to my host family without thinking what to say before that. I can't calm down and make sentences that make sense. I was confused because I got a good score in an English quiz in Japan. I thought I have to learn English more and use it as much as possible. Besides, I often couldn't say what I really wanted to say because I had no idea about what words to use to express my feelings. I have to learn words and grammar. However, I tried to talk about many things like my family, the things I learned in school, how Japanese school is like, the seasons, sightseeing in Japan and so on. Though my English wasn't perfect, I could have fun talking with my host family. So, I realized just talking is the most important.

Everybody in Australia, like my host family, clerks and shoppers, is kind and friendly, so I was always in good spirits. They have warm hearts. My host family always used "would you like" and "could you" to show concern for me, so my life there was always comfortable. My host mother said, "You guys have a pretty smile!", so I will cherish my smile. A smile can connect our feelings.

Now, I think I should have asked my host family about their e-mail address... I want to keep in touch!

毎日が挑戦の連続で、環境が変わったことで自分の良さや逆に欠点に気づくことができたと思います。私のホストマザーは毎朝食パンを庭に投げて鳥が食べるのを見ていました。私はそのリラックスした時間が大好きで、心の平穏でした。時々、自分の思っていることを英語で表現することがとても難しくて、めげそうになるときもありましたが、いつもその時の最善の選択をすることができたのかなと思います。話した経験、過ごした時間が私の自信につながっています。今回の研修はとても楽しかったです。



語学研修に参加して

1年1組22番 五月女怜央

I recently participated in a language study program in Australia. The program lasted about two weeks, during which I attended a local school and stayed with a host family.

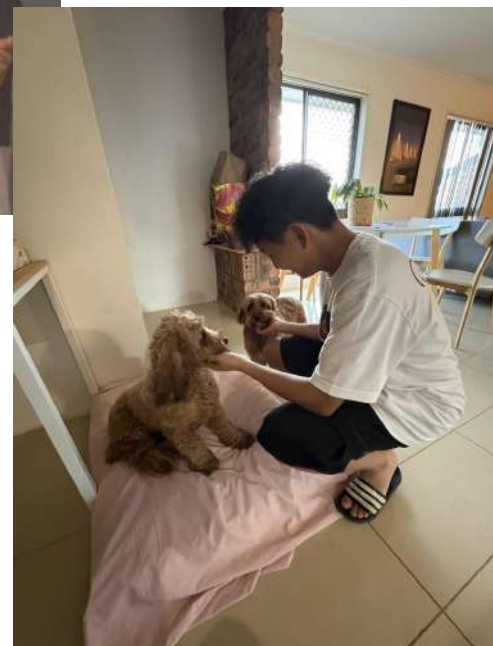
ホームステイでは、初日はネイティブの英語を聞き取るのが難しく、自信を持って自分の意見を言ったり、質問したりすることができなく、不安やホームシックになってしまいました。しかし、会話の回数が増えるにつれてリスニング力やスピーキング力が上がった実感がありました。また、毎日ホストファミリーと過ごしていたので、学校と違った実践的な英語力を身につけられました。ホストファミリーと過ごしたり、手伝ったりしているうちに日本との文化や習慣の違いを学びました。

休日には観光地に連れて行ってもらい、オーストラリアの歴史的建造物や生活について教えてもらいました。

オーストラリアの学校では、グループで協力してディスカッションやディベート、ゲーム形式で勝負しながらオーストラリアの動物や民族、食べ物などを学びました。日本では分かっているつもりでも積極的に手を挙げずにいましたが、先輩たちの積極的に手を挙げる姿を見て、それに習って手を挙げることができました。また、バディーとの交流では、すべて英語のため授業の内容を理解することができませんでした。バディーやその友達に簡単な英語で説明してもらい、楽しく授業を行うことができました。また、休み時間には積極的に会話をして、簡単なフレーズを覚えてもらいました。

今回の研修を通して英語は「勉強する」だけでなく、「使うもの」だと実感しました。また、自分の意見を積極的に伝えることの大切さも学びました。

I hope to apply this experience to my future English studies and continue to improve my English skills.



1128 沼口凌大 第二部
語学研修に参加して

気づいたこと

ホームステイ

- ・小さい子でも自分でできるようなことは自分でやる

学校

- ・シーンとなる時間がほとんどない
- ・きちんと受ける授業とだらけながら受ける授業がはっきりしている。特にだらけるときは教室での自由な行動が多かった

全体での行動

- ・大学訪問
- 言語に関しては特に楽しめるように学んでいく
- ・動物園
- 人の飯を狙う動物が日本より多い
- ・ブリスベン観光
- ゴミ箱が日本よりも多い
道路に信号が日本より少ない

自分にとっての収穫

I was stressed and it was tough because of a different environment than usual, but I think now, it was a fun memory. Since I started thinking that way, things I used to be anxious about have become something I look forward to. Also, I feel a little less nervous.

My mental strength has grown a little.

