

# Differences between Australia and Japan

1-4 35 Sota Nakaya

## 1 Nature

I think Australia is more rich than Japan in natural because There are a lot of animal and there has a lot of law to protect wild animal. I feel this is very good thinking and I want world to get law like Australia.



## 2 culture

I feel Australia has a laid-back and casual atmosphere, while japan has an atmosphere of responsibility. I think both are fine. we need to understand different cultures to make the world a better place



## 3 Lifestyle

Australia places a high value on work-life balance, so people often spend their days off with family or having BBQ

# Surprised in Australia

1-6-9 Owada Mao

This was my first time going to Australia, so there were many things that surprised me.

## Food

There were many kinds of Fanta flavors. For example, grape, orange, lemon and raspberry. I was surprised because I had never seen the lemon or raspberry flavors before. It was the first time I had ever tried a raspberry-flavored drink, and it was really delicious because it was very easy to drink. However, drinks are more expensive than in Japan, so many people bring their own water bottles. In Australia, there is a custom called “morning tea”. On school days, we had “morning tea” around 10 am. Most students ate snacks then. My host mother also gave me some snacks. I didn’t know about this custom, so I was very surprised when I first heard of it.

## Daily Life

In Australia, water is very expensive because of water shortages. Every house saves water, so shower time is limited to less than 10 minutes. Since my host family only took short showers, I could do the same easily.

School and work ended earlier than in Japan. I often went to the pool, went shopping, or did other activities after school.

My host family was Christian, so I went to church every Sunday. I thought that church would be quiet and that people would just read the Bible. To my surprise, my host family’s church was held in a movie theater, where people sang upbeat Christian songs and listened to talks, with music playing the whole time. This was the first time I had ever been to a church, so I was a little confused.

Through this experience, I was able to experience the lifestyle of Australian people and learn many different things. This homestay experience made me want to visit other countries and learn even more. I will use this wonderful experience in my life.



# Participate in the language training

1-6-18 Yuka Saito

## ○During sightseeing

I learned about Australia's nature and culture. First, at Lone Pine Koala Sanctuary, I saw and touched Australian animals. There were many animals that I cannot see in Japan, and I was very surprised. Also, I experienced morning tea for the first time there. I ate a very big and delicious meat pie, and I learned about Australian food.

At the same time, I was surprised and thought, "Will I eat this much every day?"

In addition, at Queensland Museum, I learned about Australian history. I was especially impressed because I could actually see things about Aboriginal culture and life, which I had studied before. There were also many animal displays, and I felt that Australia is rich in nature and a comfortable place to live.



## ○At school

I learned many things about different cultures and environments. The school had a strong Catholic background, and I found it interesting to see how people think about religion differently from Japan. In class with my buddy, the lessons were sometimes difficult, and I could not understand everything. However, I tried to ask my buddy questions, and my buddy helped me, so I was able to understand a little. Also, it was a private school, so the style was different from my school in Japan. However, there were also similar things, such as the student council and school committees, which surprised me. I also thought it was a good school because students can learn about religion and multicultural society from a young age.

## ○Homestay

During my homestay, I learned many things. First, I was able to follow the house rules well. Also, I learned that people in Australia care a lot about water. Because of this, I understood the importance of water and tried to save water as much as possible. In addition, I was able to say "thank you" when my host family made lunch for me or gave me a ride, just like I do in Japan. However, I regret that I did not talk to them more. I wish I had talked to them more and spent more time together, such as playing or going out.

Through this experience, I learned that it is important to take action and communicate more actively.

## ○Through the training

Through this language program in Australia, I learned many things about communicating in English.

First, I became able to respond more quickly when talking with others. Before, it took me a long time to understand and answer, but by using English every day, I improved little by little. At first, I was nervous and could not speak well. However, as I got used to the environment, I started to relax. I also began to think, "It's okay to make mistakes. I just want to communicate." Because of this, I could speak more actively. However, I have one regret about my homestay. I could not say what I wanted to do because I was shy. I think I should have talked to my host family more.

Through this experience, I learned that it is important to speak up and share my thoughts. I want to use this experience to communicate more actively in the future.

**1, Sightseeing** – I visited the Lone Pine Koala Sanctuary, Queensland museum, and so on.



○ In the Lone Pine Koala Sanctuary

I saw many Australian animals. Koalas are especially cute, and I fed Kangaroos. It made me feel relaxed. Also, I ate meat pie there too. It was yummy. Please try to eat it.

○ In the Queensland museum

I was able to see a variety of Australian wildlife animals exhibits. I saw dinosaur fossils, and traditional Aboriginal artifacts too. I was moved and felt closer to Australia. Also, I bought a boomerang there.



**2, Home stay**

My host family was very kind. I think that the host family members who you will stay with will be kind to you. Also, They gave me many wonderful experiences.

〈 Outdoor 〉

They let me go to many places. For example, I went shopping, to McDonald's, to a beach, and to a mountain. I bought many souvenirs there. Also, I played in a park which is next to the beach with my host sister.

〈 In at the home 〉

I played with skipping rope, on a trampoline, with LEGO, and so on with her too. I was very tired because she is very energetic, but I was able to enjoy these activities. At night, I saw many movies, and watched TV shows. I was surprised because Australian commercials have a different atmosphere than Japanese ones. I also fed birds in the morning. I was able to see many unique ones.

〈 Food 〉

I was able to eat many kinds of foods in Australia.

I ate lamb, homemade pizza and hamburgers. I had a barbecue at home. It is common in Australia. About sweets, I ate a carrot cake, a slice of banana bread, lamingtons, jelly with custard cream, and a meringue cake with passion fruit. These sweets were so sweet, but I want you to try a carrot cake and lamingtons if you go to Australia.



👉 carrot cake



・Rainbow Lorikeet (ゴシキセイガイインコ) ・Noisy Miner (クロガオミツスイ)

**3, Feedback**

今回の研修を通して、文化の違いはもちろんのこと、英語に対する見方が変わりました。また、現地の人達、他学年の先輩方、他クラスの人達いろんな人達と交流を通し、積極性が少し身についたなと思います。

# My Dining Experience in AUS

## 2-1 Kazu Inaba

I joined a language study program in Brisbane, Australia and stayed with my host family, Collin. During the 10 days, I enjoyed many Australian meals every day. The food was one of the best parts of my homestay. Breakfast was simple but tasty. We often had toast with bacon and eggs, grilled tomatoes and onions, or cereal with fresh Australian milk. The milk was especially delicious. One morning I tried Vegemite on toast. It tasted like very strong soy sauce and was too salty at first, but with butter it was okay. I also liked crumpets with butter and honey – they were like thick pancakes but with a soft, spongy texture and very nice. Morning tea and snacks were great. We had meat pies with potatoes and soft drinks, Tim Tam chocolate biscuits (sweet and crunchy, not too heavy), and other sweets. Everything had strong flavors but was enjoyable. Lunch was usually sandwiches. They had tomato, meat, lettuce, or salad with a little spicy dressing. They were fresh and delicious. At the Gold Coast beach, I ate soft-serve ice cream at McDonald's – it was cool and sweet after walking in the sun. Dinner was the highlight. Collin cooked many different dishes: spicy chicken noodles (so good that even I, who is picky, could eat everything), roast chicken with sweet potatoes and fried pumpkin (the pumpkin was surprisingly sweet and fluffy), sausages, roast beef with mustard, and fried crunchy meat. One night we had stir-fried vegetables with chicken feet in a Chinese-style sauce – it was my favorite. Another night was fried rice with chicken, corn, peas, and bean sprouts. After many days without Japanese rice, it tasted amazing. Desserts were wonderful every night. Pavlova is a famous Australian dessert made with meringue (egg whites and sugar), topped with whipped cream and fruit. It had a crisp outside and soft inside, and was sweet but not too heavy. I also enjoyed ice cream, chocolate caramel whipped cream, and smooth pudding-like dessert. The balance of sweetness was always just right. Through these meals, I experienced real Australian home cooking. The ingredients were fresh, the flavors were bold, and the portions were generous. Sharing dinner and talking with Collin every evening made the food even more special. The biggest harvest for me was learning to enjoy new foods and different tastes. Before the trip, I was picky about many things, but in Brisbane I tried Vegemite, pumpkin, and many unfamiliar dishes. I realized that even if the taste is different from Japanese food, it can still be delicious. This experience made me more open-minded about food and culture. "I learned that trying new things with a positive attitude makes every meal an adventure." Saying goodbye to Collin was sad, but all the memories of tasty meals remain in my heart. This homestay taught me not only English but also the joy of Australian food and family dining.

# 語学研修に参加して

2年1組13番 小松崎奈々

私は今回のオーストラリア語学研修を通して、日本では味わえない様々な経験や多くのことを学ぶことができた。例えば、目や耳から入ってくる言葉や会話が全て英語だったということだ。海外だから当たり前のことだが、日本ではありえない環境に驚き、また、その環境に10日間で慣れることはできなかった。また、実際に現地です生活することで、日本とは違う文化、価値観に触れることができたと思う。

私がこの度で1番思い出に残っているのは、ホームステイ先での生活だ。私がホームステイした家は、お父さん、お母さん、11歳の男の子の三人家族だった。ホストファーザーはコロンビア出身、ホストマザーはアルゼンチン出身、ホストブラザーはオーストラリア出身で最初は英語を聞き取るのがすごく難しかった。特に、コロンビア出身のホストファーザーは英語の発音や話し方が少し異なり、始めは1度では聞き取ることがなかなかできなかった。最初は、家族3人で話している内容がわからず、無言でなんとなく頷くことばかりだった。しかし、学校での出来事や日本での生活について話したり、ホストブラザーの学校での出来事を聞いていると、英語を話す力と聞き取る力が上達し、日に日に3人で話している内容まで聞き取れるようになり、一緒に笑い合ったり、質問したりすることができるようになったのがすごく嬉しかったし、楽しかった。私が積極的に話しかけたり、反応を示したりするとホストファミリーも話を続けてくれたり、質問してくれる機会が多くなったと思った。このことから、自分の英語力にあまり自信がなかったとしても、笑顔で自分から話しかけて行動に移したり、反応を言葉にして示すことがとても大切だと思った。これは、外国人と話すときにこうするというのではなく、日本でも人と話すときにとても大切なことだと思うので、今後の人生にこの経験を活かしていきたい。

ホームステイ先での過ごし方に慣れるのも難しかった。日本と大きく異なると思った点は、お風呂は基本的に入らないということだ。私のホームステイ先には外にはスパがあり、洗面所にはバスタブもあった。しかし、スパを使うのは休日にゆっくりしている日のみ、バスタブはホストマザーは一度も使ったことがないと教えてくれた。私がオーストラリアを訪問した時は夏だったため、数分間のシャワーだけでも我慢できたが、冬だった場合は身体が冷えてしまいそうだなと思った。なぜオーストラリアの人々はシャワーだけが多いのか疑問に思い、ホストマザーに質問をした。大きな理由は、オーストラリアは慢性的な水不足のため水がとても大切だということだ。水不足のときは、トイレを流すのも1日に1回のみ、シャワーも3分以内、洗濯は1週間に1回しかやらないというように水を使える時間や回数を制限されてしまうらしい。日本人では簡単には真似できない内容でとても驚いた。その他にも、車に乗る時はシートベルトをしないと罰金になってしまうというオーストラリアの特殊な法律があることも分かった。ホームステイ先のご飯はとても美味しかった。私のホストファミリーはホストファーザーとホストブラザーが糖尿病のため食事にとっても気を使っている家庭だった。そのため、オーストラリア事前研修で食事の量が多いことがよくあると聞いていたが、多くて食べきれなくなるなどがなく、ストレスなく食事を楽しむことができた。小麦系ばかりではなく、米も食べることができて驚いた。私が1番美味しかったと思う食事はタコスだ。自分で具材を選んで挟んで食べることが楽しかった。

現地の学校生活でも充実した生活を送ることができた。オーストラリアの学校に行き特に驚いたことは、授業中なのにも関わらず友達同士で会話をしている生徒が多く、賑やかだったということだ。オーストラリアの授業は基本的に席が自由で、生徒がパソコンを使う授業がほとんどだった。日本は個人でじっくり考えて問題を解いたり、考えたりするのに対して、オーストラリアは友達と会話をしながら意見を交換するという授業方針だった。実際に授業を見ていると全員が笑顔で話しながら授業を受けており、楽しみながら学んでいるなと感じた。

I think my communication skills improved through the study tour in Australia. At first, I was very nervous about asking questions and starting conversations by myself. However, as I spent more time there, I gradually became more confident and was able to communicate more actively. From now on, I want to live with confidence and make an effort to be positive and cheerful in my daily life. Although it was my first time joining a study tour in Australia, if I have another opportunity to go abroad, I would like to communicate more actively and confidently than I did this time.



# What Reached Me Before The Words



THROUGH THIS IGP PROGRAM IN AUSTRALIA

2-1 17 WAKA SHINOZAKI

## The most memorable experiences

My host family's house was like a home in the middle of a forest, which felt very new and impressive to me. On weekends, they took me to many places such as the beach, on a ferry, and to a botanical garden. Even on weekends, they took me to a shopping mall after school, where I enjoyed buying ice cream and souvenirs. At first, I felt nervous because I couldn't express my feelings well, but my host family treated me warmly, and I gradually became comfortable with them. They gave me so many wonderful memories that I cannot fully describe here.



## FOOD CULTURE

I was surprised by the different flavors and styles.

However, I gradually came to enjoy them.

I believe that learning to accept these differences is one of the ways I have grown.



## FRIENDLY

I was also impressed by how friendly the local people were. Shop staff, teachers, and even people I met on the street talked to me in a very kind and welcoming way. Because of their kindness, I gradually became more confident in speaking English. I learned that having the courage to try is more important than being perfect.

## THROUGH THIS PROGRAM

Through this study program in Australia, I learned that communication is not only about words, but also about feelings, actions, and the effort to connect with others. I would like to use this experience in my future school life and continue improving my English skills. At the same time, I want to become a person who can take initiative and build connections with others beyond language.

## 語学研修で得た大切なこと 🇺🇸 ✨ (What I Learned from Studying in Australia)

私は今回のオーストラリア語学研修を通して、言語だけでなく、人との関わり方や自分自身について多くのことを学びました。

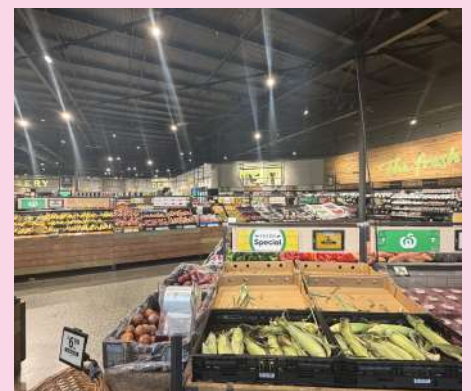
最初は、英語で話すことにとても緊張していて、自分から話しかけることがほとんどできませんでした。I was afraid of making mistakes, so I couldn't speak confidently at first. しかし、現地の人やバディの子たちはとても優しく、ゆっくり話してくれたり、分かるまで聞いてくれたりしました。そのおかげで、間違えてもいいから伝えようとするのが大切だと気づきました。

また、オーストラリアでは初対面でも気軽に会話をする文化がありました。For example, people often say "How are you?" and start conversations easily. 日本ではあまり知らない人と話す機会が少ないので、とても新鮮でした。この経験から、自分から一歩踏み出す勇気の大切さを学びました。

ホームステイでは、言葉だけでなく、文化の違いも感じました。食事の習慣や生活リズムなど、日本とは違う点が多くありましたが、それを受け入れることで視野が広がったと思います。Living with a host family helped me understand different cultures and ways of thinking.

この研修での一番の収穫は、「完璧じゃなくてもいいから伝えること」と「自分から行動すること」の大切さです。I learned that communication is not about perfect grammar, but about trying to share your thoughts. この経験は、これからの学校生活や将来にも活かしていきたいと思います。

最初は不安も多かったですが、この研修を通して自分に少し自信ができました。I believe this experience will help me grow in the future. 本当に参加してよかったと思います。



# Thank you Australia

2-1 35 Chiho Motomatsu

*I had various experiences in Australia. Such as talking with the body, seeing the coals, and so on. Therefore, I want to introduce my memories there.*

## School

*I went to the CHISHOLM CATHOLIC COLLEGE for four days. I had many subjects then.*

*Religion was especially interesting. There were a lot of words that I didn't know, but I could search the meaning by dictionary and my body taught me. Once I began to understand, I found it fascinating how their view of God differs from that in Japan. My body was very kind to me. She always helped me when I was in trouble.*

*I exchanged LINE contacts, and we message each other from time to time. I also made friends with a few other people in school. I had a truly wonderful time thanks to them!*

## Home stay

*I stayed with a host family for about ten days. It was the first time for me that I spent such a long time with people other than family. Therefore, I was nervous, but when I met my host mother for the first time, she smiled at me.*

*It cheered me up. She was very sociable and kind to us. I experienced various things with her.*

*For example, she showed us wild wallabies when we walked around with her and her dog. It was very surprising for me. She did so many other things for us as well. Thanks to her I made a lot of exciting memories.*

*I want to see her again when I become an adult.*

## overall impressions

*This project was very meaningful for me. Especially, writing a diary in English every day was very fun.*

*It was a little difficult, but I felt myself growing. Also, I got nerves talking with local people in English, but it was very fun!*

*In order to travel to other countries, I want to get better at speaking English.*

